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Recipe:

Pineapple smoothie

Ingredients:

1 dl of rice drink with coconut

1/2 x banana

1/2 x cup of pineapple



Difficulty:



General description and procedure:

- Cut the pineapple into pieces and the banana into rings.
- Pour the rice drink with coconut into a blender and add pieces of pineapple and banana to it and blend everything together.