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Recipe:

Flakes with banana and raspberries

Ingredients:

10 g corn flakes

1/2 x banana

2 fists of raspberries (red or white)

1 dl milk or yogurt



Difficulty:



General description and procedure:

- Put corn flakes, raspberries and cut half a banana into rings in a bowl, if the child is even smaller, you can also mash it with a fork.
- Pour all this over with milk or yogurt fruit or plain.