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## Recipe:

Peanut butter smoothie

## Ingridients:

1 dcl of milk
$1 \times$ teaspoon of cocoa
$1 \times$ banana
$2 \times$ teaspoons of peanut butter


## Difficulty:

## જ્ઞિધ્ઞ઼

## General description and procedure:

- Add a banana cut into rings, cocoa and peanut butter to the milk and blend everything into a smoothie.

